

Hu learn Hu earn

20% off all Hu stuff for 1 month. here's how...

It's pretty bad-ass how knowledgeable you all are about food/health/nutrition/fitness/etc. You are the most wellness-savvy people I have ever met. You teach me and the rest of the crew something new every day, and that adds tremendous value to our young business. I want to reward your wellness knowledge through a series of "Hu Learn, Hu Earn" promotions. Yeah, I like that name, so hold the commentary! :) Here's the first one. It's kinda dirty.

I think organic food is very important. The more you can remove harmful chemicals from your plate, the better off you are - think "beauty & energy" in the short-term and "graceful aging" in the long-term.

At Hu, we're proponents of The Environmental Working Group's (EWG) "Dirty Dozen List." It lists the most pesticide-laden produce out there and serves as a strong guide for what non-organic produce you should avoid and where you should spend your organic dollars. All in the name of limiting your body's toxin exposure.

So...

If you come in and write down these 12 items from memory, you will earn yourself 15% off everything at Hu Kitchen for an entire month. It bumps to 20% if you include the bonus items. You down? All details below.

-Jordan Brown, Hu co-founder

P.S. witty/inappropriate mnemonic devices may warrant an Almond Butter + Puffed Quinoa bar.

"Dirty Dozen" - The Most Pesticide-Laden Produce (always buy these organic)

Apples	Cherry Tomatoes	White Potatoes
Celery	Grapes	Sweet Bell Pepper
Cucumber	Hot Pepper	Kale/Romaine/Iceberg*
Spinach	Nectarines	Berries*
Strawberries	Peaches	

Test Dates Weekdays in March (except Tuesdays)

Test Times 8 am through 11 am Ask for Jordan, Mia, or Andrew

Promotion All April 2014

*bonus

(important to be organic)